VAUGHAN PANTHERS

BANTAM "AA"

2018 - 2019 Season

(use this s an example, you are free to amend and change as you see fit for your team)

Parent / Player Handbook

COACHES OBJECTIVES AND COMMITMENT

"We are committed to providing quality coaching throughout the year in order to ensure that the players receive the best possible instructions and training, thus permitting them to reach their individual and collective potential"

Recognizing the role of the coach as a leader, we understand the role model we play for the players. We are committed to demonstrating a responsible approach and developing leadership in the players by allowing them to share and understand the responsibility they have to their teammates and as coaches that we have to each other.

The program we will implement is designed to:

- Develop advanced individual and team hockey skills
- Obtain a sense of achievement
- Promote physical fitness
- Continue to encourage the concept of co-operation, team-work and leadership
- Encourage initiative and;
- Prepare players for participating at a higher level

This will be achieved by:

- Providing quality instruction on necessary hockey skills
- Using proper sequences and progression in skill development
- Providing instruction of these skills in a language that is easily understood
- Recognizing that players differ in their skills and
- learn different skills at different rates

As organizers, we are committed to come prepared to each game and each practice. We will have a well-balanced coaching staff to provide maximum benefit to all the players.

PARENTS' COMMITMENT AND GUIDELINES

To help parent's better deal with their children and athletics, The Canadian Council on Children and Youth have developed a "Fair Play Parents Code" which has been summarized below for your consideration:

- 1. Do not force an unwilling child to participate in sports.
- 2. Remember children are involved in organized sport for their enjoyment, not necessarily yours.
- 3. Encourage your child to play by the rules.
- 4. Teach your child that honest effort is as important as victory.
- 5. Never ridicule for making a mistake.

We, the coaching staff, attempt to do the best, with the limited resources we have, to provide the best hockey opportunity for your child.

TEAM RULES

- No player will criticize or grumble about another player on or off the bench, in the dressing room, or any other place.
- If you are injured, tell the trainer immediately so that proper attention is given to the problem
- If you get hurt in any way that requires you not to play, you will not be allowed to participate in any on ice activities until you visit a doctor and submit a note to the trainer, also make sure an injury report is completed, signed by the coaching staff and submitted to the GTHL
- There will be no show of temper. For example, throwing of sticks into the bench, clapping sticks on the ice when an opposing player is injured or penalized, etc.
- When in an arena to attend a game, players must be dressed according to the VPMHA dress code (Panther Jacket or Panther Track Suit, White Mock Neck, Dark pants (no blue jeans), Panther Hockey Bag, Hat or Toque recommended. You represent your team, your sponsors and the Vaughan Panthers Hockey Association.

- When playing a game, you must be dressed according to the VPMHA dress code (Blue Helmet, Blue Hockey Pants and Gloves that match the Panther colours).
- Players will respect the coaching staff and follow the instructions given by any coach.
- Players will always try their best.
- You are part of a team. It takes a team working together to win and you must encourage your teammates, pass the puck, and cheer on your team. If you score, be sure to thank your teammates for the assists and efforts. Remember: you play as a team, you win as a team, you lose as a team there is no "i" in the word "team".
- Be a gracious winner and also accept the outcome of a loss. Try your best.
- When a player is penalized, he must proceed directly to the penalty box without questioning or arguing with the referee.
- No player shall hassle the referees. Only the team captain and the assistant captains will speak to the referees and only on the direction of the coach. We have to accept all calls the referee makes no matter how good or bad they are. You can't change the call; it will only get you more upset and put you off your game.
- You must be at the games 45 minutes before you are scheduled to play and 30 minutes before a practice. You must be dressed and ready to go on the ice 15 minutes before a practice or game. Parents need to do their part on this one.
- If you are missing equipment, tell the coaching staff. If equipment is missing before a game, the coaches may decide that you cannot play in the interest of your own safety. It is each player's responsibility to check his own equipment bag before leaving his house to ensure that his equipment is in working order. Example, skates are sharp, laces not frayed, all screws in the helmet are tight, etc.
- Parents will not be permitted in the dressing room. Only players and coaching staff are permitted in the dressing room.
 - It is expected that your child will attend all practices and games. If your child will miss a practice or game, it is essential that you phone or email (preferred) the coaching staff at least 24 hours prior to.
- It is the intent of the coaching staff to treat all players equally, but a player could be restricted in his ice times for a variety of reasons such as:
 - He is not up to the game because of sickness

- Not paying attention or fooling around in practice or in the dressing room
- o An injury or poor conditioning
- Any disciplinary action found necessary by the coach
- Special situations which in the coach's judgment, requires the use of certain players.
- Both goalies need to be dressed for each game.
- Budget concerns and financial questions should be addressed with the team manager.
- Trainer will make the final decision if a child is capable of playing after an injury or illness.
- Fair ice time not equal ice. Goalies will be playing on a 40/40/20 basis during the regular season. During tournaments and playoffs we will go with the goalie needed for that particular game.
- 24 hour rule...If you have any concerns or questions please bring it up with the coaching staff. Please remember we, the coaches, also get emotionally involved in the game. Please keep in mind there are three (3) things not negotiable.
 - 1. Position player is given. The position is best balance for the team.
 - 2. The line the player is on, is the best balance for the team
 - 3. Ice time fair ice time not equal time

During the regular season, if you are planning to go on a family vacation, we require a minimum of 2 weeks notice. We work hard during the regular season to make the playoffs and as a result we are requesting that vacation is not taken during post-season play.

BUDGET AND OPERATIONS

Budget

Operating a competitive hockey team at any level requires a significant amount of money. In order to ensure that an organized and sustainable approach is in play, we have put together a budget that we feel is necessary to fulfill our objectives for the coming year. You have been provided a copy of the budget and we will commit to keeping you updated on the status of the budget so that parents can have ample opportunity to address any of their concerns.